



Forest School Leader Ms. Hunter



What happens at Middlefield Forest School?

Middlefield Forest School has been running sessions from our own woodlands since 2012. It means our children can play, explore and become comfortable with an outdoor approach to education, learning in a familiar outdoor space. This in turn builds relationships based around trust and self-exploration to develop, with our Forest School Leader who has started to facilitate a more child led outdoor curriculum.

What is Forest School?

Forest schools aims to inspire and encourage through a unique educational approach to outdoor play and learning. Its approach is a child centred learning, drawing on their imagination and interests.

Forest school is a way of working in an outdoor environment. It compliments and is not separate to learning in the classroom.



Using natural materials to create animals and pictures.

These characters are then used in storytelling.

What we do at Forest School.

Activities

- Play
 - Exploration
 - Using natural materials to make and create, exploring art through nature
 - Understanding our environment and the natural world
 - Identifying trees, plants and animals
 - Creating and story telling
 - Den making
 - Team building and trust games
 - Using tools safely
 - Fire lighting and cooking
 - And much more!
- Our children will be able to choose what activities they undertake and make suggestions for the next sessions.
 - Children will be carefully observed by our Forest school leader in order to plan for next steps.
 - Middlefield's Forest school leader will introduce relevant skills, knowledge and resources based on what the learners are interested in and need to develop.
 - By breaking tasks into small achievable chunks our children will always feel they have achieved.



Fire safety skills



Toasting marshmallows

Safety

Every time the children attend Forest school, a risk assessment will be carried out. Any hazards or dangers will be recorded and explained to the children through the health and safety talk. A first aider will always accompany the children. It is important that children and adults understand the risks and how to stay safe in woodland environment and treat it with respect.



Magical wands and Wow Wow birds



Den building



Trust games



Dragon nests



Leaf pictures



Magic crown