

# Primary Autumn/Winter 2018 Menu

## Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Mac 'N' Cheese</b> <i>Macaroni Cheese</i>	<b>Chicken Mayo Bun</b> <i>with Jacket Wedges</i>	<b>Roast Turkey</b> <i>with Roast Potatoes &amp; Gravy</i>	<b>Pork Ragu</b> <i>with Rice **</i>	<b>Crispy Fish &amp; Chips</b> <i>Crispy Battered Pollock with Chips</i>
<b>Alternative Dish</b>	<b>Mild Potato and Chickpea Curry</b> <i>with Rice **</i>	<b>Creamy Broccoli and Sweetcorn Pasta **</b>	<b>Sweet Potato and Chickpea Roast</b> <i>with Roast Potatoes and Gravy</i>	<b>Vegetable and Cheese Crumble</b> <i>with New Potatoes</i>	<b>Quorn Dippers</b> <i>with Chips</i>
<b>Vegetables</b>	<b>Sweetcorn Peas</b>	<b>Roasted Vegetables Carrots</b>	<b>Green Beans Cauliflower</b>	<b>Carrots Broccoli</b>	<b>Baked Beans Crunchy Coleslaw</b>
<b>Desserts</b>	<b>Flapjack</b> <i>with Fruit Slices *</i>	<b>Pear and Ginger Crumble *</b> <i>with Custard</i>	<b>Chocolate Ice Cream</b>	<b>Brownie Cake</b>	<b>Lemon Shortbread</b>

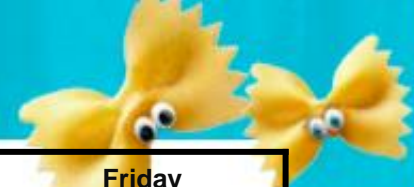
Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish



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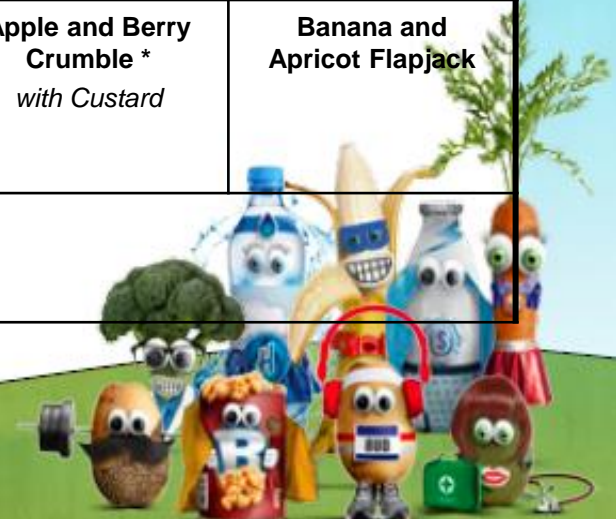
## Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Mozzarella & Tomato Pizza ** <i>with Pasta Salad **</i>	Pork Sausages <i>with Cheesy Mash</i>	Roast Turkey <i>with Roast Potatoes and Gravy</i>	Chicken and Tomato Lasagne <i>with Garlic &amp; Herb Bread Wedge **</i>	Golden Fish Fingers & Chips <i>Breaded Fish Fingers with Chips</i>
Alternative Dish	Vegetable Curry  (Vegetable Biryani)	Vegetarian Sausages <i>with Cheesy Mash</i>	Cauliflower and Broccoli Cheese Bake <i>with Roast Potatoes</i>	Vegetable Bake  (Vegetarian Tagine) <i>with Rice **</i>	Mediterranean Tart <i>(pastry restricted) with Chips</i>
Vegetables	Broccoli Sweetcorn	Baked Beans Roasted Vegetables	Roast Parsnip Carrots	Green Beans Cauliflower	Peas Baked Beans
Desserts	Vanilla Ice Cream	Orange sponge cake  (St Clements Sponge Cake)	Oatie Biscuit <i>with Fruit Slices *</i>	Apple and Berry Crumble * <i>with Custard</i>	Banana and Apricot Flapjack

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# Primary Autumn/Winter 2018 Menu

## Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Mozzarella &amp; Tomato Pizza **</b> <i>with Jacket Wedges</i>	<b>Chicken and Broccoli Pie</b> <i>(pastry restricted)</i> <i>with New Potatoes</i>	<b>Roast Pork</b> <i>with Roast Potatoes and Gravy</i>	<b>Beef Macaroni Bake</b> <i>with Garlic &amp; Herb Bread Wedge **</i>	<b>Salmon Fish Fingers ***</b> <i>with Chips</i>
<b>Alternative Dish</b>	<b>Tomato and Vegetable Savoury Rice</b>	<b>Creamy Tomato and Basil Pasta **</b>	<b>Quorn Roast</b> <i>with Roast Potatoes with Gravy</i>	<b>Vegetable Curry</b>  <b>(Vegetable Korma)</b> <i>with rice **</i>	<b>Baked bean and cheese wrap.</b>  <b>(Baked Bean and Cheese Quesadilla)</b> <i>with Chips</i>
<b>Vegetables</b>	<b>Peas Roasted Vegetables</b>	<b>Carrots Green Beans</b>	<b>Seasonal Cabbage Carrot and Swede Mash</b>	<b>Broccoli Sweetcorn</b>	<b>Peas Crunchy Coleslaw</b>
<b>Desserts</b>	<b>Strawberry Ice Cream</b>	<b>Raspberry Ripple Cake</b>	<b>Peach Slice</b>	<b>Shortbread Fingers</b> <i>with Fruit Slices *</i>	<b>Pineapple Upside Down Cake *</b> <i>with Custard</i>

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