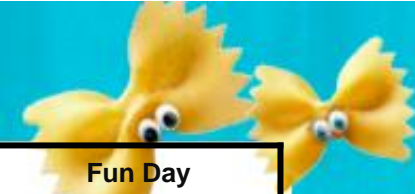


Primary Spring/Summer 2018 Menu

Week 1



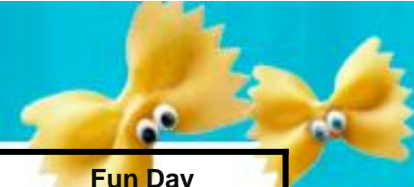
	Mediterranean	Family Favourites	Traditional	Global Adventure	Fun Day
Hot Main Dish	Cheese & Tomato Pizza ** <i>with Pasta Salad **</i>	Chicken Mayo Burger <i>with Jacket Wedges</i>	Roast Pork <i>with Roast Potatoes & Gravy</i>	Beef Chilli <i>with Rice **</i>	Crispy Fish & Chips <i>Crispy Battered Pollock with Chips</i>
Alternative Dish	Green Bean Stir Fry with Rice <i>(Mediterranean Summer Beans with Rice)</i>	Vegetable Curry <i>(Vegetable Biryani)</i>	Quorn Roast <i>with Roast Potatoes with Gravy</i>	Macaroni, Sweetcorn and Cheese Bake	Veggie Hot Dog <i>with Chips</i>
Vegetables	Crunchy Salad Peas	House Coleslaw Sweetcorn	Seasonal Cabbage Carrots	Broccoli Cauliflower	Baked Beans Peas
Desserts	Wedges of Melon * and Orange	Mini Chocolate Brownie * <i>with Banana and Custard</i>	Blueberry Fro Yoghurt	Berry Flapjack	Orange Shortbread <i>with Yoghurt Dipper</i>

Cool Water, Fresh Fruit and Yoghurt served daily
 *Fruit Based **Wholegrain ***Oily Fish



Primary Spring/Summer 2018 Menu

Week 2



	Mediterranean	Family Favourites	Traditional	Global Adventure	Fun Day
Hot Main Dish	Mac 'N' Cheese <i>Macaroni Cheese</i>	Pork Sausages <i>with Creamy Mash and Gravy</i>	Roast Turkey <i>with Roast Potatoes and Gravy</i>	Beef Keema Curry <i>(minced beef curry) with Rice**</i> Beef Keema Curry	Golden Fish Fingers & Chips <i>Breaded Fish Fingers with Chips</i>
Alternative Dish	Vegetarian Lasagne <i>with Garlic & Herb Bread Wedge **</i> <i>(Vegetarian Moussaka)</i>	Vegetarian Sausages <i>with Creamy Mash and Gravy</i>	Cauliflower and Broccoli Cheese Bake <i>with Roast Potatoes and Gravy</i>	Creamy Tomato and Basil Pasta **	Veggie Burger and Tomato Relish <i>with Chips</i> <i>(Bean Burger in a Bun)</i>
Vegetables	Broccoli Sweetcorn	Carrots Seasonal Cabbage	Peas Roasted Vegetables	Carrots Green Beans	Baked Beans Crunchy Light Coleslaw
Desserts	Vanilla Ice Cream	Chocolate and Banana Mousse Pot *	Oatie Biscuit with Fruit Slices *	Carrot & Banana Slice with Custard	Strawberry Jelly

Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain ***Oily Fish



Primary Spring/Summer 2018 Menu

Week 3



	Mediterranean	Family Favourites	Traditional	Global Adventure	Fun Day
Hot Main Dish	Cheesy Pizza <i>with Jacket Wedges</i> (Cheesy Pizza Bianca **)	Creamy Chicken Curry <i>with Rice **</i>	Honey roast Gammon <i>with Roast Potatoes and Gravy</i>	Pasta Bolognese **	Salmon Fish Fingers *** <i>with Chips</i>
Alternative Dish	Vegetarian Bolognese **	Veggie Pasta Bake <i>(Quorn Frankfurter Pasta Bake)</i>	Vegetable Pie with Gravy <i>(pastry-restricted)</i> (Country Vegetable Pie)	Mild Potato and Chickpea Curry <i>with Rice **</i>	Veggie Wrap with Chips (Bean and Pepper Fajita)
Vegetables	Peas Apple Slaw	Broccoli Carrots	Seasonal Cabbage Sweetcorn	Green Beans Roast Mediterranean Veg	Baked Beans Peas
Desserts	Mango Fro Yoghurt	Peach Crumble with Custard *	Wedges of Pear, Apple & Orange *	Chocolate and Gingerbread Bite	Strawberry Cheesecake

Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain ***Oily Fish

