



Long Term Plan
Physical Education
2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Fundamentals: Unit 1	Gymnastics: Unit 1	Games: Unit 1	Sports Day Practice
Reception	Ball Skills: Unit 1	Fundamentals: Unit 2	Ball Skills: Unit 2	Gymnastics: Unit 2	Games: Unit 2	Sports Day Practice
Year 1	Ball Skills	Dance	Fundamentals	Net and Wall	Athletics	Sports Day Practice
Year 2	Target Games	Sending and Receiving	Dance	Net and Wall	Athletics	Sports Day Practice
Year 3	Dodgeball	Athletics	Dance	Fundamentals Y3/4	Rounders	Sports Day Practice
Year 4	(Hockey) Gymnastics	Athletics	Dance	Ball Skills Y3/4	Tennis	Sports Day Practice
Year 5	Basketball	Badminton Y5/6	Football	Golf	Athletics	Sports Day Practice
Year 6	Netball	Volleyball	Football	Cricket	Athletics	Sports Day Practice

Subject to change due to specialist Sports Coach (Gymnastics).

Subject Lead: Mrs Crone